

ABOUT THE AUTHOR

Angela Greer

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Angela Greer is an interfaith minister and spiritual coach with a focus on Holistic Health and Spiritual Care. She is a multi-disciplinary holistic health practitioner and trainer, offering a range of non-medical health solutions. She loves to help people heal and connect with their highest, grandest visions of themselves to discover who they really are.

With more than 20 years of management and training experience in consulting and the corporate world, Angela now provides keynotes, seminars and workshops at hospitals, home health

care companies, Fortune 500 corporations, senior citizen groups, kids events, festivals, churches, fitness centers and more. Based in Louisville, Kentucky, Angela has served coaching clients all over the world, helping them reduce their stress, achieve their goals, and transform their lives.

Angela is a Coach Training Alliance Certified Coach, Reiki Master Trainer, and Certified Laughter Yoga Teacher. She is also a certified yoga instructor (RYT-200) and certified Advanced Pranic Healing practitioner.

Angela is an Air Force spouse and former consultant to the U.S. Army Casualty Program, where for four years she trained Army staff and soldiers and provided direct support to the families of Fallen Soldiers.

Find out more about Angela Greer, founder of MyLife Strategic LLC, online at www.mylifestrategic.com, or contact her directly at:

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